

I am worthy of love & respect just as I am.

I celebrate my feminine power. Embody your dreams.
I trust in the infinite possibilities that lie within me.



I am enough.

I honor & cherish my feminine essence.

EMBRACE YOUR POWER.

Live and love with passion.

My body is a sacred feminine vessel.

My life is aligned from within.

I trust in the flow of life.

I am worthy of pleasure, joy, and fulfillment in all areas of my life.

| Be a magnet for love, pleasure and joy.

I EMBRACE life & find BEAUTY in every phase.

Dig deep, unearth your desires.

I radiate grace, poise and elegance effortlessly.

Embody your truth.

I honor

Believe in your ideas.

My voice is needed.

Embrace depth before direction.



I am free to express.

all of my emotions.

I am sensuous.

I am at home in my personal story.

Inhale confidence, hold compassion, Exhale doubt.



My femininity is a gift to the world.

My body knows the way.

BE

WILD!

My pleasure matters.

Connect with your true self.

I nurture and care for myself every day.

I am loved.

I honor the sacred connection between my body, mind and spirit.

Embody strength, courage and resilience as a woman.

Don't be afraid to feel your feelings, they will pass.

Be your own best friend.

Every curve and line of my body is a symbol of beauty and strength.

Live in flow.

FEEL YOUR FIRE!

TRUST YOUR INTUITION.

I trust and listen to the wisdom of my body.

